



Dartmouth Lakers

Basketball Club

Teaching Life Skills through Basketball



Code of Conduct

PARENT'S CODE OF CONDUCT

1. I will teach my child that doing one's best is more important than winning, so that he/she will not feel defeated at the outcome of a game.
2. I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
3. I will praise my child for trying hard and competing fairly, and make my child feel like a winner every time.
4. I will never ridicule or yell at my child, other players, coaches or officials. I will cheer all good plays and avoid booing opponents. I will even acknowledge good plays by opposing players.
5. I will respect and show appreciation for the volunteer coaches and officials who give their time to my child. I will not yell instructions at players during games.
6. I will remember that the players are amateurs that cannot be judged by the standards of a professional basketball team.
7. I understand that all officials do their utmost to be impartial; they try their best to provide a safe and suitable framework so that the game is well played, and I will respect their decisions.
8. I will not question the official's calls, bias or judgment in public.
9. I will show respect for my team's opponents, because without them there would be no game.
10. I will not use profanity, nor will I harass any players, coaches, officials, or other spectators.
11. I will remember that my child plays basketball for his/her enjoyment and not mine.
12. I will not force my child to participate in basketball.

Parent Name _____ Signature: _____ Date: _____

PLAYER'S CODE OF CONDUCT

1. I will follow the following rules of FAIR PLAY: I will respect the rules of the game, I will respect my opponents, I will respect the officials and their decisions, everyone will participate, and I will maintain my self-control at all times.
2. On game day, I will arrive at the gym at least 20 minutes prior to game time. I will be fully dressed and ready to go at least 15 minutes prior to game time. I know this time is necessary to mentally prepare for the game. If I require more time to get ready, I will come earlier.
3. On practice day, I will arrive at the gym at least 10 minutes prior to practice time.
4. I will participate in every game and every practice except for illness, injury, homework or school events. If I must miss a game or practice, I will contact the coach or team manager as soon as possible.
5. School shall take precedence over basketball. I will study hard; I will play hard.
6. I will not use foul language towards teammates, coaches, officials, or opponents.
7. I will not be critical of teammates and never discuss teammate's abilities except to encourage good team play.
8. I will ensure my uniform and my other gear is complete, safe, and in good condition at all times.
9. I will use my own water bottle.
10. Basketball is a team sport. I am on a team and I will be a team player.
11. Winning isn't always important. Doing my best in all games and practices IS important.
12. I will respect all my teammates and my competitors.
13. If I score a basket, I will thank my teammates for their efforts.
14. I will listen to my coaches' instructions.
15. I know I represent the game of basketball, my family, my team, the Dartmouth Lakers Basketball Club, and the MBA. I will conduct myself in a dignified manner at all times when in the company of my team.

Player Name _____ Signature: _____ Date: _____